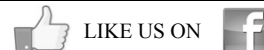


287 CHEESEQUAKE ROAD
 PARLIN, NJ 08859
 732-238-6900
 bodiesinmotion@hohgymnj.com
 www.bodiesinmotiondancecentre.com



2019 Summer Dance Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MOMMY & ME 1-3 YEAR OLDS	4:30-5:15			11:30-12:15
CREATIVE MOVEMENT 3/4 YEAR OLDS	5:15-6			10:45-11:30
BALLET/TAP 5-7 YEAR OLDS			4:30-5:30	
GROOVE-N-GYM			4/5 YRS 5:30-6:30 6-8 YRS 6-7	
HIP HOP		HIPPITY HOP 5-7YRS 5-5:45 8+YRS 5:45-6:30 13+YRS 6:30-7:30 CREW 7:30-9		
JAZZ	7-9 YRS 6-6:45			10+ YRS 4:45-5:30 14+YRS 7-8 *ADV
TAP	7-9 YRS 6:45-7:30			10+ YRS 5:30-6:15 14+ YRS 8-9 *ADV
BALLET	USAG 5:15-6:45 XCEL 6:45-8:15 JOGA 8:15-9	10+ YRS 6:30-7:15	7-9 YRS 6:30-7:15 BALLET/POINTE 6-8 *ADV <small>*POINTE EVAL REQ/MUST ALSO TAKE THURS BALLET</small>	14+ YRS 5:30-7
CONTEMPORARY/LYR <small>*Must Also Take Ballet</small>		10+ YRS 7:15-8	7-9 YRS 7:15-8 14+ YRS 8-9	
SPECIALTY	ADULT JAZZ/ FUNK 7:30-8:15		LEAPS, TURNS & TECH 14+ YRS 5:15-6	LEAPS, TURNS & TECH 10+ YRS 6:15-7 MUSICAL THEATER 8+ YRS 7-7:45 ADULT TAP 7:45-8:30
ADV COMBO *INVITE ONLY		5-6:30		4-5:30

STUDENTS WILL BE PLACED IN THE APPROPRIATE LEVEL FOR THEIR AGE AND ABILITY

* All Classes subject to change

FOR CLASS DESCRIPTIONS, SEE BACK OF SCHEDULE OR LOG ONTO OUR WEBSITE.

SUMMER DANCE SESSION RUNS JULY 15TH THROUGH AUGUST 23RD

IT'S YOUR CHOICE-
 4, 5 OR 6 WEEKS OF DANCE!

2019 SUMMER TUITION

UP TO 1 HR CLASS PER WK

4 WEEKS \$65

5 WEEKS \$75

6 WEEKS \$85

1 ½ - 2 HR CLASS PER WK

4 WEEKS \$99

5 WEEKS \$114

6 WEEKS \$129

**ADV COMBO 3 HRS PER WEEK/6 WEEKS \$215

**TAKE ADVANTAGE OF
 OUR CUSTOMER
 LOYALTY REWARDS
 PROGRAM!
 CURRENT CUSTOMERS
 RECEIVE 10% OFF
 SUMMER TUITION**

**1 WEEK DANCE
 INTENSIVE-\$350
 5 DAY IMMERSIVE DANCE
 EXPERIENCE FOR THE
 SERIOUS DANCER
 Aug 12-16
 Mon-Fri 9am-4pm**

- THERE IS A **NON REFUNDABLE \$30 ANNUAL ADMINISTRATIVE FEE** PER FAMILY DUE AT THE TIME OF REGISTRATION.
- MUST CHOOSE WEEKS OF ATTENDANCE AT TIME OF REGISTRATION-NO CHANGES WILL BE ACCEPTED AFTER CLASSES HAVE STARTED
- NO REFUNDS FOR MISSED CLASSES/ NO MAKE UP CLASSES ARE OFFERED DURING THE SUMMER SESSION.

MOMMY & ME

This class is designed to ease your child into the world of dance while keeping mommy (or Daddy) close at hand. It concentrates on large and fine motor skills and will allow your child to explore movement and rhythm through games music play and basic ballet steps

CREATIVE MOVEMENT

This class is designed to ease your child into the world of dance. It concentrates on large and fine motor skills and will allow your child to explore movement and rhythm through games music play and basic ballet steps and positions.

COMBO CLASSES

These classes are geared to give your dancer a taste of everything. The student will get the opportunity to study each of the major disciplines in dance following a syllabus that builds upon itself with each level. Classes are fun and exciting and keep your child moving.

GROOVE-N-GYM

This 1 hour class gives your dancer 30 minutes in the dance studio studying Jazz and 30 minutes in the gym learning gymnastic skills. This class is the best of both worlds at our facility!

BALLET

The study of classical Ballet concentrates on balance, grace and flexibility. Each level building upon the previous to expand the dancers movement vocabulary and technique.

TAP

The study of rhythm. Your dancer will be making music with his/her feet. Each level increases in difficulty by challenging the student with more complicated combinations and footwork.

JAZZ

Your dancer will enjoy studying classic jazz. They will be working on strengthening exercises, as well as balance, flexibility and rhythm. All set to a variety of music from musical theater, to blues, to funk.

LYRICAL(BEG-INT) & CONTEMPORARY (ADVANCED)

These styles of dance combine of Modern & Jazz (Contemporary) and Jazz & Ballet (Lyrical) and focus on interpreting the lyrics (or feelings) of the music. Your dancer will learn to express themselves through movement as well as using facial expression to support the choreography and technique. All Lyrical & Contemporary students must also be enrolled in Ballet. Contemporary students must be enrolled in Jazz as well.

MUSICAL THEATER

Students will study forms of theatrical dance and staging that combine the songs of Broadway musicals with the movement of classic Tap & Jazz styles. This high-energy class will prepare any dancer for the bright lights of Broadway!

LEAPS, TURNS & TECHNIQUE

This class is for the dancer who wishes to give extra attention to improving their *technique*. This *class* will focus on the proper execution of basic - advanced *leaps* and *turns* and will include *leap* combinations and *turn* sequences.

HIPPITY HOP

This class is a *pre-cursor* to our regular hip hop class. It is geared to prepare the student with the skills needed to meet the demands of a true hip hop class. Students will begin to develop strength, precision and rhythm along with Street Jazz technique. This high energy class is set to great age appropriate music with lots of energy and attitude.

HIP HOP

True Hip Hop technique is what your dancer will get in this class. The student will learn this popular style of dance set to great age appropriate music with lots of energy and attitude.

HIP HOP CREW

Our hip hop performance group, *free:motion* is for those students looking to expand their hip hop education and performing opportunities. Ask how you can be part of *free:motion crew*. *Energy unchained*.

DANCE TROUPE

Our performance & competition troupe, *INERTIA* is for those serious dancers looking to expand their performing horizons. Participation in this group is by audition / invitation only.