

**2019-2020**  
**CLASS SCHEDULE**  
**MIDDLETOWN STUDIO**



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 Middletown, NJ  
 732-671-2328  
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 www.bodiesinmotiondancecentre.com

**CLASSES BEGIN SATURDAY SEPTEMBER 7<sup>TH</sup> THRU SAT JUNE 13<sup>TH</sup>**

|  | MONDAY    | TUESDAY   | WEDNESDAY  | THURSDAY                   | FRIDAY  |
|--|-----------|---|--|----------------------------|---|
| <b>MOMMY &amp; ME</b><br>1/2 YEAR OLDS   |           | 9:45-10:30  |  |                            |   |
| <b>CREATIVE MOVEMENT</b><br>3/4 YEAR OLDS  | 4:15-5    | 10:30-11:15                                       |  |                            |   |
| <b>BALLET/TAP COMBO</b><br>4/5 YEAR OLDS   |           | 11:15-12  |  |                            | 4:30-5:30   |
| <b>BALLET/TAP/JAZZ COMBO</b><br>6-8 YEAR OLDS  | 5:45-7:15 |   |  |                            |   |
| <b>HIPPITY HOP</b><br>6-8 YEAR OLDS  |           |   | 5:45-6:30  |                            |   |
| <b>GROOVE-N-GYM</b><br>4-5 YEAR OLDS<br>6-8 YEAR OLDS  |           |   |  |                            | <b>LVL I 5:30-6:30</b><br><b>LVL II 6:30-7:30</b> |
| <b>HIP HOP</b><br>LEVEL I (9-12 YRS)<br>LEVEL II (13+YRS)<br>BOYZ ONLY 8+                      |           |   | <b>LVL I 4:45-5:45</b><br><b>BOYZ 6:30-7:15</b><br><b>LVL II 7:15-8:15</b> |                            |   |
| <b>BALLET</b><br>LEVEL I (9-12 YRS)<br>LEVEL II (13+YRS)                                       |           | <b>LVL I</b><br>4:30-5:30                         |  | <b>LVL II</b><br>7:45-8:45 |   |
| <b>LYRICAL /CONTEMP</b><br>LEVEL I (9-12 YRS)<br>LEVEL II (13+YRS)<br><i>*MUST TAKE BALLET</i> |           | <b>LVL I</b><br>5:30-6:15<br><b>LVL II 6:15-7</b> |  |                            |   |
| <b>JAZZ</b><br>LEVEL I (9-12 YRS)<br>LEVEL II (13+YRS)   |           | <b>LVL II 8-9</b>                                 |  | <b>LVL I</b><br>6:45-7:45  |   |
| <b>TAP</b><br>LEVEL I (9-12 YRS)<br>LEVEL II (13+YRS)  |           | <b>LVL II 7-8</b>                                 |  | <b>LVL 1</b><br>5:45-6:45  |   |
| <b>MUSICAL THEATER</b><br>9+YEAR OLDS  |           |   |  | 4:45-5:45                  |   |
| <b>STRETCH &amp; STRENGTHEN (8+YRS)</b>  |           | 7:30-8:30   |  |                            |   |
| <b>A TIME TO SHINE</b><br>Special abilities Dance (All Ages)                                   | 12:15-1   |   |  |                            |   |
| <b>ADULT CLASSES</b><br>BARRE FITNESS<br>HIP HOP   |           | 10:30-11:15                                       | 6:30-7:30  |                            |   |

**TUITION RATES 2019-2020**  
 45 MINUTE CLASS           \$60 X 10  
 1 HOUR CLASS               \$67 X 10  
 1-1/2 HOUR CLASS         \$90 X 10  
 \*See Front Desk For Add'l Hourly Discount Pricing  
  
 \$35 ANNUAL FAMILY REGISTRATION FEE



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**MOMMY & ME**

This class is designed to ease your child into the world of dance while keeping Mommy (or Daddy) close at hand. It concentrates on large and fine motor skills and will allow your child to explore movement and rhythm through games music play and basic ballet steps. This class does not participate in our annual recital.

**CREATIVE MOVEMENT**

This class is designed to ease your child into the world of dance. It concentrates on large and fine motor skills and will allow your child to explore movement and rhythm through games music play and basic ballet steps and positions.

**COMBO CLASSES**

These classes are geared to give your dancer a taste of everything. The student will get the opportunity to study each of the major disciplines in dance following a syllabus that builds upon itself with each level. Classes are fun and exciting and keep your child moving.

**GROOVE-N-GYM**

This 1 hour class gives your dancer 30 minutes in the dance studio studying Jazz and 30 minutes on the gym learning gymnastic skills. The student will perform an Acro dance (a combination of dance and gymnastics) in our annual spring dance concert. This class is the best of both worlds at our facility!

**BALLET**

The study of classical Ballet concentrates on balance, grace and flexibility. Each level building upon the previous to expand the dancers movement vocabulary and technique.

**TAP**

The study of rhythm. Your dancer will be making music with his/her feet. Each level increases in difficulty by challenging the student with more complicated combinations and footwork.

**JAZZ**

Your dancer will enjoy studying classic jazz. They will be working on strengthening exercises, as well as balance, flexibility and rhythm. All set to a variety of music from musical theater, to blues, to funk.

**MUSICAL THEATER**

Students will study forms of theatrical dance and staging that combine the songs of Broadway musicals with the movement of classic Tap & Jazz styles. This high-energy class will prepare any dancer for the bright lights of Broadway!

**LYRICAL/CONTEMPORARY**

These styles of dance combine of Modern & Jazz (Contemporary) and Jazz & Ballet (Lyrical) and focus on interpreting the lyrics (or feelings) of the music. Your dancer will learn to express themselves through movement as well as using facial expression to support the choreography and technique. All Lyrical & Contemporary students must also be enrolled in Ballet. Contemporary students must be enrolled in Jazz as well.

**HIPPITY HOP**

An upbeat, high energy, rhythmic form of dance focusing on body isolations, which is the latest form of physical expression in today's pop culture. Students will explore various styles of hip hop including popping, locking, top rock, breaking, voguing, as well as many others. This class is a must for fun loving dancers!

**HIP HOP**

Street Jazz with technique is what your dancer will get in this class. The student will learn this popular style of dance set to great age appropriate music with lots of energy and attitude.

**A TIME TO SHINE (Special Abilities Dance Class)**

A Time to Shine Dance Class is designed for individuals with physical or developmental disabilities such as down syndrome, (ASD) autism spectrum disorder, cerebral palsy, and other developmental delays (including those requiring use of a wheelchair). Our goal is to enrich the lives of these children through the exploration of movement and dance concepts in a safe and structured environment.

**STRETCH & STRENGTHEN**

This class is for anyone who wishes to increase their strength & flexibility! Conditioning and exercises set to music will focus on those elements and will be fun & challenging! A must for dancers, gymnasts, cheerleaders or anyone wishing to become strong and flexible!