

2019-2020 Class Schedule Parlin Studio



287 Cheesequake Road
Parlin, NJ 08859
732-238-6900

BodiesInMotion@hohgymnj.com
www.bodiesinmotiondancecentre.com



CLASSES BEGIN SATURDAY SEPTEMBER 7TH THRU SAT JUNE 13TH

STUDENTS WILL BE PLACED IN THE APPROPRIATE LEVEL FOR THEIR AGE AND ABILITY
ADVANCED CLASSES BY TEACHER PERMISSION/RECOMMENDATION ONLY

* All Classes subject to change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MOMMY & ME 1/2 YEAR OLDS			9:30-10:15	11-11:45		
CREATIVE MOVEMENT 3/4 YEAR OLDS				10:15-11	4:15-5	10:30-11:15
BALLET/TAP 4/5 YEAR OLDS		4:45-5:45		9:15-10:15		9-10
GROOVE-N-GYM LEVEL I 4/5 YRS LEVEL II 6-8 YRS						L I 11:45-12:45 L II 12:45-1:45
BALLET/TAP/JAZZ COMBO LEVEL I 5/6 YRS LEVEL II 6/7 YRS ADV *INVITE ONLY		ADV 5:45-7:15		L I 4:45-6:15	L II 5:15-6:45	ADV 9-10:30 L 1/2 *BEG 5-7 YRS 10-11:30
BALLET LEVEL I (7-9 YRS) LEVEL II (10-12 YRS) LEVEL III (13+ YRS)*Meets 2x per wk		L 2 & 3 7:15-8:15	*ADV W/ POINTE 7-8:30	L III 6:15-7:15 *ADV W/POINTE 5:45-7:15	L I 4:30-5:15	
TAP LEVEL I (7-9 YRS) LEVEL II (10-12 YRS) LEVEL III (13+ YRS)	*ADV 7-8		L I 6:30-7:15	L III 8:15-9:15	L II 7:45-8:45	
JAZZ LEVEL I (7-9 YRS) LEVEL II (10-12 YRS) LEVEL III (13+ YRS)	*ADV 5-6		L I 5-5:45	L III 7:15-8:15	L II 6:45-7:45	
LYRICAL/CONTEMPORARY (10+YRS) *All Lyri/Contemp Students Must Also Take Ballet		10 + YRS 8:15-9:15		*ADV 7:15-8:15		
HIP HOP HIPPIITY HOP (5-6 YRS) LEVEL I (7-9 YRS) LEVEL II (10-12 YRS) LEVEL III (13+ YRS) CREW *EVAL ONLY	BOYZ ONLY 8+ YRS 4:15-5 LVL II 7-8	HIPPITY 4:45-5:30 LVL I 5:30-6:15 LVL III 6:15-7:15 CREW 7:15-8:45				HIPPITY 11:30-12:15
MUSICAL THEATER (10+ YRS)			5:45-6:30			
SPECIALTY ADULT CLASSES (17+YRS) STRETCH & STRENGTHEN (8+YRS) A TIME TO SHINE-SPECIAL ABILITIES DANCE (ALL AGES)	ADULT HIP HOP 8--9		ADULT BARRE FIT 11-11:45	ADULT TAP 7:15-8:15 S & S 6:15-7:15 ATTS 11:45-12:30		

TUITION RATES 2019-2020

45 MINUTE CLASS	\$60 X 10
1 HOUR CLASS	\$67 X 10
1-1/2 HOUR CLASS	\$90 X 10
2 HOUR CLASS	\$115 X 10

\$35 ANNUAL FAMILY MEMBERSHIP FEE

*Adult Classes No Membership Fee
*See Front Desk For Add'l Hourly Discount Pricing

This class is designed to ease your child into the world of dance while keeping mommy (or Daddy) close at hand. It concentrates on large and fine motor skills and will allow your child to explore movement and rhythm through games music play and basic ballet steps

CREATIVE MOVEMENT

This class is designed to ease your child into the world of dance. It concentrates on large and fine motor skills and will allow your child to explore movement and rhythm through games music play and basic ballet steps and positions.

COMBO CLASSES

These classes are geared to give your dancer a taste of everything. The student will get the opportunity to study each of the major disciplines in dance following a syllabus that builds upon itself with each level. Classes are fun and exciting and keep your child moving.

GROOVE-N-GYM

This 1 hour class gives your dancer 30 minutes in the dance studio studying Jazz and 30 minutes in the gym learning gymnastic skills. This class is the best of both worlds at our facility!

BALLET

The study of classical Ballet concentrates on balance, grace and flexibility. Each level building upon the previous to expand the dancers movement vocabulary and technique.

TAP

The study of rhythm. Your dancer will be making music with his/her feet. Each level increases in difficulty by challenging the student with more complicated combinations and footwork.

JAZZ

Your dancer will enjoy studying classic jazz. They will be working on strengthening exercises, as well as balance, flexibility and rhythm. All set to a variety of music from musical theater, to blues, to funk.

MUSICAL THEATER

Students will study forms of theatrical dance and staging that combine the songs of Broadway musicals with the movement of classic Tap & Jazz styles. This high-energy class will prepare any dancer for the bright lights of Broadway!

LYRICAL(BEG-INT) & CONTEMPORARY (ADVANCED)

These styles of dance combine of Modern & Jazz (Contemporary) and Jazz & Ballet (Lyrical) and focus on interpreting the lyrics (or feelings) of the music. Your dancer will learn to express themselves through movement as well as using facial expression to support the choreography and technique. All Lyrical & Contemporary students must also be enrolled in Ballet.

HIPPITY HOP

This class is a *pre-cursor* to our regular hip hop class. It is geared to prepare the student with the skills needed to meet the demands of a true hip hop class. Students will begin to develop strength, precision and rhythm along with Jazz technique. This high energy class is set to great age appropriate music with lots of energy and attitude.

HIP HOP

Street Jazz with technique is what your dancer will get in this class. The student will learn this popular style of dance set to great age appropriate music with lots of energy and attitude.

HIP HOP CREW

New this year to BIM! Our hip hop performance group, *free:motion* is for those students looking to expand their hip hop education and performing opportunities. Ask how you can be part of *free:motion crew. Energy unchained.*

TROUPE

Our performance troupe, *INERTIA* is for those serious dancers looking to expand their performing horizons. Participation in this group is by audition / invitation only. Set up your audition now!

A TIME TO SHINE (Special Abilities Dance Class)

A Time to Shine Dance Class is designed for individuals with physical or developmental disabilities such as down syndrome, (ASD) autism spectrum disorder, cerebral palsy, and other developmental delays (including those requiring use of a wheelchair). Our goal is to enrich the lives of these children through the exploration of movement and dance concepts in a safe and structured environment.

STRETCH & STRENGTHEN

This class is for anyone who wishes to increase their strength & flexibility! Conditioning and exercises set to music will focus on those elements and will be fun & challenging! A must for dancers, gymnasts, cheerleaders or anyone wishing to become strong and flexible!